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## LOWER BACK PAIN Questionnaire

Where is the location of your pain?

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If you have pain in more than one area, which is causing the most problems?

\_\_\_\_\_

For patients with **lower back** and **leg pain**:

If you have pain in **both** your lower back and legs, which area is **worse**?

Lower Back \_\_\_\_\_ Legs \_\_\_\_\_

Which leg hurts more?  Right  Left  Equally painful

How far down does the pain go in your leg(s)? (ex: outer thigh, toes, etc.)

\_\_\_\_\_

Do you have numbness or tingling in the affected area(s)?

\_\_\_\_\_

Are you experiencing weakness in the area?  Yes  No If yes, describe:

\_\_\_\_\_

\_\_\_\_\_

How long have you experienced these symptoms? \_\_\_\_\_

Have you been recommended for spinal surgery? If so what type (eg laminectomy, fusion, etc.)

\_\_\_\_\_

Have you had spine surgery in the past?  Yes  No If yes, what type (eg laminectomy, fusion, etc.)

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Have you attempted other forms of pain management? (eg anti-inflammatories, pain meds, chiropractic care, traction, physical therapy, epidural steroid injections, etc.)

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